

HEY PARENTS AND GUARDIANS!

APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS TODAY

USDA's school meal programs are important to millions of children every school day. These meals give children the healthy food they need to learn, grow, and thrive. For the 2023-2024 school year, many families will need to fill out an application to find out if they can get free or reduced price meals.

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HOW TO APPLY

Contact your local school at any time to see if your children are eligible.

Your child is eligible for **FREE SCHOOLS MEALS** if:

- Your annual income is \$39,000 or less with a household of four.
- Your household receives benefits like EBT and cash assistance.
- Your child is in foster care, is a child of migrant workers, or is experiencing homelessness.
- Your child participates in the Head Start program.

Your child is eligible for **REDUCED PRICE MEALS** if:

- Your annual income is \$55,550 or less with a household of four.

*Income limits are for the 48 contiguous states, D.C., Guam, and the territories. Income limits are higher in Alaska and Hawaii.

